

Order Information

You can request a copy of the *Guidelines for the Use of Medications that Influence Behaviour* by filling out an order form and sending it to ACDS via fax or mail (see address on next panel).

Or, we can send you an order form in PDF version via email if you wish, or you can download a PDF version online at:

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**ALBERTA COUNCIL
OF DISABILITY SERVICES**

Bay 19, 3220 - 5 Avenue NE
Calgary, Alberta, Canada
T2A 5N1

Phone: 403-250-9495
Fax: 403-291-9864
Email: accred@acds.ca
Web: www.acds.ca

**GUIDELINES FOR
THE USE OF
MEDICATIONS
THAT INFLUENCE
BEHAVIOUR**



*Collecting Data
Evaluating Outcomes
Revising Systems*

Background Information

Guidelines for the Use of Medications that Influence Behaviour was created in 2000 as the *Guidelines for the Use of Psychotropic Medications*.

Candis Strong, a Chartered Psychologist, developed the booklet with input from the members of the Restrictive Procedures Team, who were integral to developing the *Creating Excellence Together Restrictive Procedures Standards*.

In 2007, ACDS employee Corinne Thomas, a Certified Pharmacy Technician, reviewed and revised the guidelines to ensure that specific medication information was current. This review included input and feedback from ACDS' Training and Development staff and Accreditation staff.

It was also at this time that the title was changed to *Guidelines for the Use of Medications that Influence Behaviour*.

Who Will Want This Booklet

This booklet is intended for:

- ★ **Service providers and staff** – to ensure they have a process to use when individuals in their care are prescribed medication as part of a treatment approach to address behaviours of concern.
- ★ **Advocates** – to ensure that the use of medications is meeting the needs of individuals with disabilities.
- ★ **Review Committees** – to ensure that there are no infringements on the rights of individuals with disabilities.

In the disability field, medication is sometimes used to modify behaviour. Despite the necessity of this intervention, guidelines must also be in place to ensure that the individuals who require the medication are protected and that service providers and staff practise due diligence.

Intention of the Booklet

The intent of this booklet is to provide guidelines for the responsible use of medications as a restrictive approach or procedure and as part of an integrated treatment plan to address behaviours of concern.

Main Content

The following are the main section titles for the *Guidelines for the Use of Medications that Influence Behaviour* booklet:

Definitions

Medication and Behaviour

Positive Behavioural Procedures

Use of Medication to Influence Behaviour

Medication and the CET Standards

Definitions

References